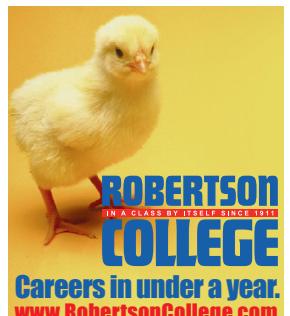


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Custody rules loosened for convicted teenager

COURT A southern Alberta teen convicted of murdering her parents and younger brother will eventually be given more freedom to help her re-integrate into society.

A judge in Medicine Hat has agreed to loosen the terms of the girl's custody so that her supervisors at an Edmonton psychiatric hospital can escort her on visits to places such as banks and malls.

The girl's treatment team will have to receive approval from the Solicitor General's Department before any such trips, which are still 12 to 18 months down the road.

The now 16-year-old girl, who was 12 when her family was slain in 2006, has been restricted to a secure building at the mental hospital.

THE CANADIAN PRESS

Memorial Drive Honouring the fallen



Calgary commuters travelling on Memorial Drive will notice hundreds of white crosses in memory of the lives sacrificed for Canada.

Vaccine program revamped

Flu Outbreak

H1N1 Alberta is revamping its swine-flu vaccination program to focus the remaining doses of a dwindling supply on pregnant women and children between six months and five years of age.

After this highest priority group, people under 65 with chronic health conditions will be next in line for the shots, Health Minister Ron Liepert announced yesterday.

Liepert said the province remains committed to giving the vaccine within the next two months to all Albertans who want it.

"No one likes to turn away citizens of this province from receiving their vaccination, but unfortunately with a limited supply we are left with no choice," he told the legislature.

The head of the Alberta agency in charge of distributing the swine-flu vaccine said he won't apologize for choices made by the government despite a reversal on who will be allowed to get the shots.

Stephen Duckett, president of Alberta Health Services, said yesterday that many people who otherwise wouldn't have been vaccinated are now keeping others safe from the virus.

"So I'm not going to stand back and say, 'Look, I'm sorry we vaccinated 370,000 people.' I think that's a good achievement," Duckett said.

THE CANADIAN PRESS

Expo bid withdrawn

Standalone West Village project going ahead: Bronconnier

KRISTA SYLVESTER
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\$300,000

The amount spent on initial bid plans for the 2017 Expo.

Calgary has bowed out of the bid for Expo 2017, leaving Edmonton as Canada's lone city in the hunt for the international fair.

Citing the need for large cash injections from both provincial and federal governments, council opted out of the Expo run but approved the West Village redevelopment project, said Mayor Dave Bronconnier.

"The Expo and West Village combined project would result in a net

deficit of somewhere between \$380 million and \$1 billion," he said, adding as a standalone project West Village could see a return of between \$72 million and \$470 million.

"Council approved a redevelopment plan for West Village, but that will not include hosting an Expo as we are not prepared to ask taxpayers to cover a potential \$1-billion shortfall."

While Bronconnier ex-

pressed disappointment in deserting the Expo bid after months of consulting, he is excited about a "kick-start" to the city's west end that will shape Calgary's future over the next 25 years.

"This is some of the most valuable and strategically important land in Calgary, downtown, right on the Bow River, right next to a new LRT station," he added.

The area, located between 11th Street SW and Crowchild Trail, and the Bow River south to the CPR tracks will become home to 12,000 residents and be-

come a mixed-use community under current plans.

Scott Hennig of the Canadian Taxpayers Federation applauded the city's move to scrap the Expo bid.

"The City of Calgary seems to understand what the City of Edmonton does not, that hosting Expo 2017 could cost taxpayers of that city billions of dollars," Hennig said.

Ward 12 Ald. Ric McIver said he believes the city should have stuck with its Expo bid.

"I think it just looks like we weren't serious now, and that is unfortunate."



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Local



McGraw hits Calgary in March

Touring on his latest album release, *Southern Voice*, Tim McGraw, left, and special guest Lady Antebellum will hit the Pengrowth Saddledome on March 27. Tickets for the concert will go on sale on Friday at ticketmaster.ca or you can charge by phone at 403-777-0000. Tickets are \$50, \$70 and \$90, plus service charges.

METRO CALGARY



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Calgary in brief

ARREST Calgary police have charged a man in connection with a string of 10 pharmacy robberies in a one-month period. In the nine Calgary robberies and one Okotoks robbery, police said they believe the suspect threatened staff and demanded oxycontin — and in some offences was masked and carrying a firearm. Cory Alan Sharlow, 31, of no fixed address faces 33 charges in relation to the robberies.

METRO CALGARY

Calgary tweets

• [@jonincalgary](#) Although I should not be divulging this information for my own benefit, the Willow Park wine sale is Nov. 11th and is a hot deal. #yyc

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Calgary, start your engines

City opens massive north portion of ring road to the public

KRISTA SYLVESTER
krista.sylvester@metronews.ca

Thirty years, \$1 billion in provincial funding and 44 kilometres equals a world-class roadway now open for business, said the province's transportation minister.

Minister Luke Ouellette cut the proverbial ribbon yesterday for the massive north portion of the city's ring road, featuring 12 interchanges, one flyover and three signalized intersections that will be replaced by interchanges by 2013.

"I think of one simple word to describe this new ring road — it's big," Ouellette said.

"That's only fitting because Calgary is a major city in a growing province and needs and deserves a road system on which to move their people and goods safely and efficiently."



Luke Ouellette, Alberta minister of transportation, Rob Merrifield, federal minister of state, and John McArthur of the Stoney Trail Group take the first ride on the new NE/NW ring road expansion.

The new Stoney Trail stretches from Highway 1 — 16th Ave. NW — on Calgary's west side to Highway 1A — 17 Ave. SE — on the city's east side and represents 45 per cent of the entire ring road project.

Calgary motorists were

ecstatic at the news about the road projected to shorten drive times and ease congestion, including delivery driver Matthias Schneider.

"Not just for me because I drive a lot, but I think a lot of people have waited a long time for this. This will

help take people off the other city roads," Schneider said.

His only complaint is the fact the three signalized intersections will be removed down the road and he questions why the province didn't "do it right the first time."

Housing market to rebound: CMHC

FORECASTS The single-detached home market in Calgary is looking at a rebound in 2010, according to the Canada Mortgage and Housing Corporation.

"Favourable conditions in recent months, including low mortgage rates, inventory reductions and price stabilization have allowed potential homebuyers in the Prairies to re-enter the market," said CMHC's Lai Sing Louie.

In Calgary, the CMHC forecasts a jump of 1,150 housing starts in 2010 to 6,700, from a 2009 forecast of 5,550. This is still well below the 13,505 starts in 2007. MLS sales will also strengthen, with the 2010 forecast rising to 25,500 sales, up from a 2009 forecast finish of 23,150. The CMHC report expected Calgary home prices to rise, with the average MLS price coming in at \$403,000 — up from a forecast finish of \$384,500 in 2009.

METRO CALGARY

Council approves strategic tow truck report

DARREN KRAUSE
darren.krause@metronews.ca

TRAFFIC PROPOSAL A quick fix for Calgary commuting arteries clogged with collisions may come in the form of a standby tow truck service.

City council approved a notice of motion from Ald. Diane Colley-Urquhart di-

recting administration to come back with a report outlining the costs and logistics of having tow trucks strategically placed along high volume roadways, with the intention of quickly clearing away broken down vehicles, or those involved in collisions.

Ald. Fox-Mellway also suggested administration

go back to several similar reports done as far back as eight years ago — when cost was a stumbling block to the plan's application.

"Most of the investigation is in these reports, so I didn't want you to go back and re-invent the wheel," she said, noting previous council's did not approve funding.

"As much as we think it's

a good idea, it's big dollars to put together from a capital side, and of course the ongoing operating is close to a half-million dollars a year."

Concern over paying for Deerfoot Trail service, a provincial jurisdiction, also raised questions in council.

A report is expected back in December.

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WHAT'S ONLINE TODAY

Read Q&A with Juanita Castro, sister of the Cuban leader Fidel, on family relationships and world politics at metronews.ca/world

Blog MLS MVP nominee Jeff Cunningham joins It's Called Football to discuss his struggles while in Toronto



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Pierre Lambert smiled upon learning that the voters of his small town near Montreal had re-elected him to council. Seconds later he suffered a fatal heart attack. **THE CANADIAN PRESS**

Canada

PM failed on flu: Critics

Opposition cries incompetence over H1N1 handling

Flu Outbreak

Critics are blasting the Harper government for its handling of the swine-flu outbreak as long lineups continue for flu shots and some provinces warn of dwindling supplies of H1N1 vaccine.

A number of provinces, including Nova Scotia, Manitoba, Saskatchewan and Alberta, face vaccine shortages after a production problem at the manufacturer's plant last week slowed delivery of the drug.

Liberal Leader Michael Ignatieff called the government incompetent during an emergency swine-flu debate in the House of Commons last night.

Production

• Lower-than-expected production of the vaccine this week by Quebec-based manufacturer GlaxoSmithKline has meant some clinics have run out of supply. The drugmaker expects to ship roughly 436,000 doses of vaccine with an adjuvant — or booster compound — as well as about 225,000 doses of vaccine without the adjuvant, which are meant for pregnant women and young children.

He said the government had released confusing information about the H1N1 vaccine which is "a source of enormous anxiety among Canadian families."

"Instead of taking responsibility the govern-

ment blames everybody else, they blame the drug company because they don't have a supply next week, they blame the provinces and territories, we don't deliver health care, they say."

Ignatieff said "epidemics don't care about jurisdictions."

Health Minister Leona Aglukkaq responded that thousands of Canadians are getting their inoculations and said there will be vaccines for everyone who wants one.

She rejected the Liberal leader's claim that they are blaming other parties, saying they are using an influenza plan that was "built on years of collaboration with provinces and territories and the medical community."

THE CANADIAN PRESS

Charles 'touched' by welcome

ROYAL VISIT Prince Charles says he is "deeply touched" by the warm welcome afforded him and the Duchess of Cornwall in the royal couple's first trip to Canada together.

Charles, who arrived with Camilla earlier today in St. John's, N.L., told a welcoming ceremony he was delighted to have the opportunity to meet Canadians on his 11-day tour of the country.

Prime Minister Stephen Harper greeted the couple, saying their visit was like a homecoming for many Canadians.

Harper said Canadians were eagerly anticipating their arrival and he wished Charles and Camilla well in their travels



Prince Charles and Camilla, Duchess of Cornwall, chat with Prime Minister Stephen Harper during welcoming ceremonies yesterday in St. John's, N.L. The royal pair are on an 11-day tour of Canada.

throughout the country. Newfoundland and Labrador Premier Danny Williams said he could think of no better place than his province to begin their trip.

THE CANADIAN PRESS

More benefits for self-employed proposed

EI Self-employed Canadians will be eligible for maternity and parental leave benefits if they pay into the Employment Insurance system, Human Resources Minister Diane Finley is proposing.

There have long been complaints that Canada's 2.7 million self-employed are at a disadvantage because they are not able to take part in the EI program.

Finley's legislation means that, for the first time, these individuals could choose to pay into EI and would have access to funds to help them take time off to care for a new child. But the Conservatives, who are already running a \$56-billion budget deficit this year, would like to make the system fairer without increasing the federal government's EI bill.

"Just like the regular EI

program, you're going to have to pay into it," a senior government official said.

TORSTAR NEWS SERVICE

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Ukraine closes all schools due to H1N1

Urging its citizens not to panic, Ukraine yesterday closed the nation's schools for a week to avoid the spread of the H1N1 flu. **THE ASSOCIATED PRESS**

5

World

Prosecutor paints Karadzic as monster

Radovan Karadzic orchestrated the 1995 Srebrenica massacre of 8,000 Muslim men and boys and his only regret was "that some Muslim men got away," a UN prosecutor said yesterday at the former Bosnian Serb leader's war crimes trial.

Karadzic again boycotted his own trial at the Yugoslav war crimes tribunal in the Netherlands, but pledged in a letter to judges that he would attend a procedural hearing today on his defense.

Prosecutor Alan Tieger fo-



Karadzic

cused on Europe's worst atrocity since the Second World War as he wound up his opening statement for the tribunal's judges. Tieger called the July 1995 slaying in Srebrenica "one of humanity's dark chapters" and laid the blame squarely at Karadzic's feet.

"The murder of these men and the expulsion of the women, children and

elderly did not arise from nowhere," Tieger said. "These crimes were the culmination of the accused's determination to cleanse eastern Bosnia to ensure the Serb state he envisioned."

Karadzic is charged with two counts of genocide and nine other crimes against humanity and war crimes linked to atrocities throughout Bosnia's 1992-95 war.

Karadzic has refused to enter pleas, but insists he is innocent. If convicted, he faces a maximum sentence of life imprisonment.

THE ASSOCIATED PRESS

Puerto Rico Painted protest



Women covered in body paint protest the massive layoffs of about 20,000 government workers in San Juan, Puerto Rico, yesterday. The governor of the U.S. territory, Luis Fortuno, says the dismissal of more than 20,000 public employees is necessary to close a \$3.2 billion US deficit.

African lions didn't eat as many people as stories say: Scientists

RESEARCH The nightly attacks by two man-eating lions terrified railway workers and brought construction to a halt in one of east Africa's most notorious onslaughts more than a hundred years ago. But the death toll, scientists now say, was not as high as previously thought.

Over nine months the two hunters claimed 35 lives — no small figure, but much less than some accounts of as many as 135.

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It was 1898, when labourers building the Uganda Railroad across Kenya became prey, a case that was the subject of numerous accounts and at least three

movies, including *The Ghost and the Darkness*.

Scientists hoping to figure out the actual number of people eaten decided to study the remains of the two male lions, testing the types of carbon and nitrogen in their teeth and hair.

Humans made up at least half of the diet of one lion in the last months of his life, consuming at least 24 people, they concluded. The other had eaten 11, they found.

THE ASSOCIATED PRESS

News in brief

PAKISTAN A suicide bomb killed 35 people near Pakistan's military headquarters yesterday while a second blast

wounded several police, continuing a wave of terrorism that prompted the UN to suspend long-term development

work near the Afghan border. At least 300 people in Pakistan have been killed in the past month.

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Comment & Views

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Comment

Politicians too timid to tackle monarchy

National Report



metronews.ca/nationalreport

The Duchess of Cornwall and the Prince of Wales have only just alighted for their 10-day Canadian tour, but might be having second thoughts about the visit.

Already the naysayers are being heard. Polls show Canadians don't care much about the Royals. Columnists are calling them anachronisms. Charles and Camilla can hardly be pleased.

Momentum for this country taking its last step to total independence has been building over time. But it has been a slow build. The idea seems to have more support among the people than politicians. When John Manley was in politics he was one of the few to muse

about cutting colonial ties, but was rebuked by the elites for doing so.

In Australia, a referendum was held on dumping the monarchy a decade ago. After a boisterous campaign, the Aussies voted to keep the Queen.

Here, the politicians see polls saying a majority wish to make the break, but cower. They fear a debate on the Royals' future would be too divisive. Since the monarchy is largely symbolic, why not let sleeping dogs lie?

As was seen last Decem-

ber, the monarchy is more than symbolic. At that time, Gov. Gen. Michaëlle Jean threw the Conservative government a lifeline by granting its wish to prorogue Parliament. The government's future was entirely at her discretion.

What rankled about Jean's decision was she kept the reasons for it secret. It's the 21st century, but we, her loyal subjects, were not entitled to an explanation.

Is it time for a full-scale debate on the monarchy?

We haven't had a dustup on the future of the country since the constitutional quarrels over the Meech Lake and Charlottetown accords two decades ago. Partly because of minority governments, the Canadian discussion in recent years has been limited to short-term political questions. We don't look beyond the horizon.

A debate on severing the last link with Britain would be of major consequence. It would be about entering a new stage of nationhood. It

would be risky but invigorating. It would unleash energies, possibilities, and visions that only the prospect of a new identity can do.

We need not worry about any such Canadian drama happening soon, however. Such a break with the past requires a risk-taker, a tribune, a trailblazer. At this time, there is no one in our political class who fits the description.

Lawrence Martin is a journalist and author of 10 books who writes about national affairs from Ottawa.

Views

National securities commission needed

In Business



metronews.ca/inbusiness

If federal Finance Minister Jim Flaherty needs another argument in favour of a national securities commission, he need look no further than the latest decision of the Ontario and Quebec securities commissions.

After three years of deliberations, they have approved online trading in derivatives for small retail investors. Individuals who hold accounts

with the online trading firm CMC Markets Canada can now deal in Contracts for Difference, or CFDs. These are contracts that allow investors to make leveraged bets on the price movements of stocks, indices, commodities, treasuries and foreign exchange. Investors never own the underlying security; they just trade on the price.

So what's wrong with this? CFDs have been available to sophisticated "accredited" investors since 2003. Isn't it only fair that regulators allow ordinary Joes the same chance to benefit from the miracle of leverage?

To answer that, let's first put this latest regulatory

brainstorm in the context of the times. We've just begun to emerge from the worst recession since Joanie fell in love with Chachi, a downturn that was spawned by the U.S. sub-prime mortgage crisis. That was, at heart, a story of excessive lending that produced an unmanageable amount of leverage — too much debt in relation to home equity.

The mess was compounded as mortgage loans were securitized in ever more opaque financial products and sold to investors around the world. Individual homeowners got in over their heads, but so did sophisticated investors.

There may be individual

online trading geniuses who can do better than those big institutional investors, but I doubt it. Day traders very often lack fundamental investment knowledge. In fact, they like to trade on price movement alone, so having an understanding of the actual investment only gets in the way. You get this crowd hooked on leveraged investments and many shirts will be lost.

Once again, provincial securities regulators have let down the public. Let's hope a future national body won't do the same.

Charles Davies is a veteran business writer who has worked for Canadian and international news organizations.



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Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Business in brief

SEAL HUNT Canada is taking its seal-products dispute with the European Union to the World Trade Organization.

HOUSING The national housing agency is reporting that housing starts have started to recover. **THE CANADIAN PRESS**

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Job losses slowing, but quality dwindle

Growth in part-time work, self employment: Report

Fewer Canadians are losing their jobs as the recession eases its grip on the economy, but the quality of the jobs they do have is deteriorating, according to a report issued yesterday by Canadian Imperial Bank of Commerce.

CIBC says its job quality index — which measures things like wages and part-time versus full-time work — has fallen 3.8 per cent in the last six months.

The decline in the job quality index, ironically, comes in a period when Statistics Canada says the national employment situa-

tion showed a slight improvement in recent months.

"All the components that compose our quality index have worsened since March of this year," CIBC economist Benjamin Tal wrote in the report.

For example, part-time employment rose over 0.2 per cent, while full-time employment fell and self employment surged by three per cent, versus a 0.5 per cent decline in paid employment.

"But the most important factor that has contributed to the recent decline in our

quality index is that any gain in employment over the past six months was among low-paying jobs while the number of high-paying jobs has, in fact, declined by at least three per cent."

THE CANADIAN PRESS

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Learn how to scan the barcode with the instructions at the top of pg 3

Realty commissions under fire

COMPETITION The Competition Bureau is pushing for changes in how much Canadians pay in realty commissions after an investigation found the country's largest realtor association was operating with anti-competitive rules.

The decision could open the market to cheaper listing alternatives or result in lower listing charges on the Multiple Listing Service, or MLS. An internal memo from Canadian Real Estate Association said that the federal bureau has told them its rules block competition within the industry, and has recommended changes.

THE CANADIAN PRESS

Auto industry Ford's income numbers soaring



Ford surprised investors with net income of nearly \$1 billion US in the third quarter and forecast a "solidly profitable" 2011. Ford lost more than \$14.6 billion last year and hasn't posted a full-year profit since 2005. Pictured is Ford executive Mark Fields, standing next to a Ford Fusion in front of a pink-lit Ford headquarters last week in Dearborn, Mich.

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Buying opportunity

Investing



Allan Small

metronews.ca/investing

Investors have been waiting for a pullback since beginning of September. And it appears as though the correction is here, perhaps four to six weeks later than anticipated.

Investors should not be afraid of this correction but use it to their advantage. Many missed the recent seven-month 50 per cent rally and they are waiting for any opportunity (market pullback) to get back into the market. Investors will begin to buy

equities when the market appears cheap again.

If you are an investor with cash on the sidelines making one or two per cent, you have to use these opportunities to be a buyer of equities. There are some great companies yielding

four to over six per cent. If you compare these returns to other asset classes like GIC's or bonds, equities make the most sense over the next six to 12 months.

Allan Small can be reached at asmall@dundeesecurities.com. The views expressed are not necessarily those of Dundee Securities

Tip

- Investors should look for opportunities and own something that will pay a dividend so you can get paid while you wait.

AlisonOnMoney

Alison Griffiths

metronews.ca/alisononmoney

Just as sodium is a killer buried in Canadians' diets, so too is cash in your financial life. Cash may be king but it can also crush your ability to get rid of credit card debt.

I find that most people withdraw two to four times as much cash from their bank accounts as they think they do.

"I'm living paycheque to paycheque!" is the common lament. "No," I say, "you're spending paycheque to paycheque and the ATM is the culprit."

As a result, when the credit card statement

comes there's barely enough to pay the minimum. But you can free up that extra money by curtailing the cash you run through.

For the short term stop all cash expenditures except for a nominal amount, say \$20 to \$30 for incidentals. Take that amount out in cash weekly. If you have kids, there always seems to be a few dollars needed here and there. Empty your pocket or

purse daily and stash the coins in Auntie Meg's old broken teapot to build up a kid cache.

Now, put your credit card away. Instead, use your debit card but estimate what you require monthly for essentials such as groceries, gas, household bills, etc. With every paycheque track your spending to ensure you stick to the budget.

Spend no more than the estimated amount! If you have to do without, so be it. Pay whatever bills are due during your pay period, even if it is a bit early.

The trick is to not fool yourself into thinking you have more money to spend than you actually do. Now here's the secret. Take whatever is extra

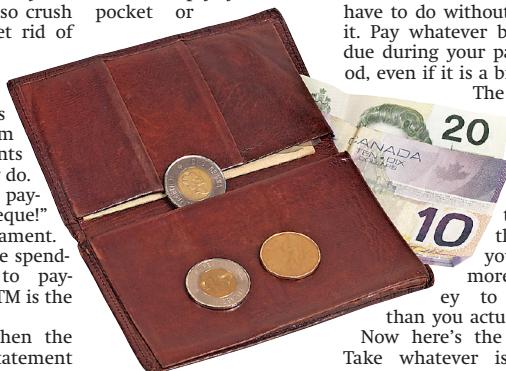
Alison's Money Rule:

- If credit card debt is overstaying its welcome in your life, banish it by controlling your cash habit.

every paycheque (not every month) and put it on your credit card balance. Don't wait for the statement to come. Voila, the balance will melt away.

Once the debt is gone stick with the program and devote the extra money to building up some savings so you will never have that sinking feeling when the credit card bill arrives.

Alison Griffiths is a financial journalist, author and host of Maxed Out on the N Network. Write to her at alison@alisongriffiths.ca.



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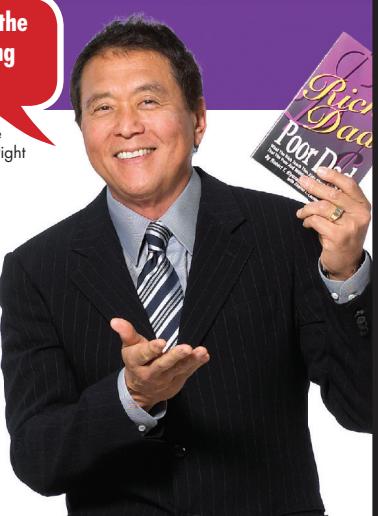
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Everyday Simply™

Online investing shatters stereotypes



Online investing is no longer seen as the sole realm of math whizzes and those with finance degrees.

RAFAEL BRUSILOW
for Metro Canada



"Today the demographic of people using online investing spans across all ages and stages, all different types of professions, and it's used almost equally by men and women."

Jason Storsley

Online investing has grown by leaps and bounds in the last decade, a testament to the fact that putting your money to work online for you is easier than ever.

Jason Storsley, president and CEO of RBC Direct Investing, says online invest-

ing is no longer seen as the sole realm of math whizzes and young grads with finance degrees — today you can find people from al-

most all walks of life using online investing to reach their financial goals.

"The industry has really evolved over the last five to 10 years. Back then, it was mostly young, male, techie-trader types who delved into it. Today the demographic of people using online investing spans across all ages and stages, all different types of professions, and it's used almost equally by men and women," Storsley said.

The early days of online investing saw many simplistic, bare-bones websites equipped almost exclusively for quick juggling of stocks, usually frequented by people looking solely for a quick buck on a short turnaround. Today, attitudes have come staunchly around because the tools of online investing have become more powerful, and long-term financial options have become increasingly available. Storsley says the online realm today offers all the same possibilities as offline investing in a far more convenient setting.

"It's not seen as just a place for active traders, now you can really manage and meet all your financial goals through our online investing site," he said.

Direct investing through RBC offers unparalleled access to tools that make online investing a snap, especially for new investors. Online tutorials with voiceovers and visual cues on the main RBC site explain every step of the online investing process and even provide tips on understanding how to choose the right investment option. Independent research and performance indexes can arm you with crucial knowledge when picking where and how to invest your money and RBC's fully customizable search utility lets you sift instantly through thousands of mutual funds to create a convenient shortlist of ones that match your needs in price, performance and investment type.

With the challenging economy of today, Storsley says fear and uncertainty

Who are they?

- **Self-directed investors** make up roughly 15-20 per cent of all Canadian investors and the number is rapidly growing as more Canadians choose to manage some or even all of their investments online.

- **Online investors** represent a wide cross-section of society with almost an equal split between men and women and a variety of young, old, new and experienced investors making use of online investment tools.

- While people still **trade stocks**, a growing number of people pursue their long-term financial goals online.

- **Self-directed investors** love the competitive prices of online investing and the powerful education and analysis tools available online at rbcdirectinvesting.com make investing online just as effective as offline investing.

are more prevalent than ever — a perfect reason to test-run an RBC Practice Account, which allows investors to test their financial strategies and use all the same tools as a regular account without risking a single penny.

"Investors really do lack confidence right now, especially the ones just starting out. They're nervous and they don't want to lose money. With an RBC Practice Account, they can venture into the online investing space and build that confidence without risking real money," Storsley said.

As investor confidence grows, more women are entering the online investing world than ever before, likely because more women are also taking the financial reins of their investment future.

"More women are managing the family's finances and they are looking to reach their investment goals online," Storsley said.

With sophisticated offerings like 19 different model portfolios, mutual fund packages already pre-screened by RBC experts and prepared for a variety of financial goals, Storsley says many RBC clients are finding it easier and more satisfying than ever to venture online with their money for the first time.

"A lot of our clients would never have come into online investing 10 years ago because it wouldn't have met their needs. We've really broadened our offering to be able to meet the long-term objectives of any Canadian," Storsley said.

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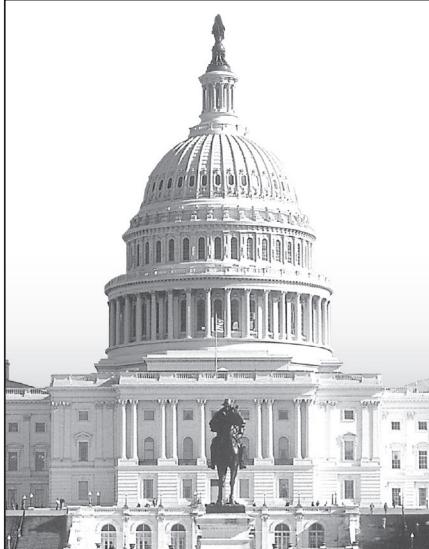
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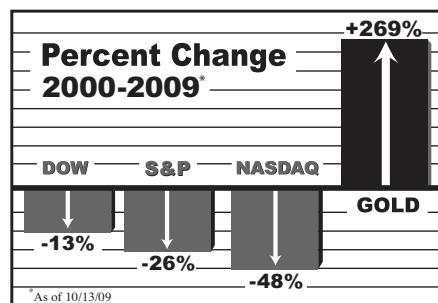
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Sports

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Sports in brief

COYOTES A federal bankruptcy judge has given his approval to the sale of the Phoenix Coyotes to the NHL. Judge Redfield T. Baum signed the sale order yesterday. The NHL will pay about \$140 million US to buy the team from owner Jerry Moyes. **THE ASSOCIATED PRESS**

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Phillies force Game 6

Utley homers twice to tie for Series record

N.Y. leads Series 3-2**Yankees 6 Phillies 8**

Put those parade plans on hold, New York. The Phillies are coming back.

Chase Utley hit two home runs to raise his World Series total to a record-tying five, backing Cliff Lee once again as Philadelphia staved off elimination with an 8-6 victory last night and set up a Game 6 for the first time since 2003.

Utley hit a go-ahead, three-run homer in the first inning off A.J. Burnett and added a solo shot in

the seventh to join Reggie Jackson as the only players to hit five home runs in a single World Series.

Philadelphia closed within three games to two by replicating its winning formula from the opener, when Utley hit two solo homers and Lee pitched a six-hitter. Raul Ibanez set off fireworks from the Liberty Bell one last time, adding a second solo shot in the seventh off Phil Coke that made it 8-2.

Lee gave up a run-scoring single to Alex Rodriguez in the first inning but settled in until A-Rod chased him with a two-run double in the eighth. Robinson Cano drove in Rodriguez with a sacrifice fly, and New York gave Philadelphia a scare

when Jorge Posada doubled and Hideki Matsui singled at the start of the ninth against Ryan Madson.

Derek Jeter hit into a run-scoring double play, Johnny Damon singled and Madson struck out slumping Mark Teixeira for the save.

The Yankees will try to close out title No. 27 tomorrow night at home.

THE ASSOCIATED PRESSm.metronews.ca

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NFL Saints march to end zone



BILL FRANCIS/THE ASSOCIATED PRESS

New Orleans Saints running back Pierre Thomas, right, and tight end Jeremy Shockey celebrate Thomas' touchdown against the Atlanta Falcons last night. The Saints won 35-27. For a complete recap, visit metronews.ca/sports

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MBA Guide



Get organized

If you've decided to pursue an MBA, you will have homework! To maximize your time, use an agenda to stay organized, and create a designated study area for yourself.

NEWS CANADA

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

Degree can pay off

RAFAEL BRUSILOW
for Metro Canada

Despite the high price tag and big-time commitment, an MBA degree can pay big dividends for your career.

MBA tuition at Canadian schools averages about \$25,000 and ranges up to almost \$100,000 for EMBA programs at certain schools, meaning if

"Many years ago, a B.A. degree was viewed as a ticket to get an upper-level job — now it seems an MBA is that ticket." Richard Powers

you're thinking of getting an MBA, you have to think strategically about how getting the degree is going to be an investment in your future.

Richard Powers, associate dean at the University of Toronto's Rotman School of Management, says many employers still see the MBA as a gold standard for top-level management positions.

"Many years ago, a B.A. degree was viewed as a ticket to get an upper-level job — now it seems an MBA is that ticket," Powers said.

Powers argues that the types of skills taught and polished in an MBA program are fundamental to business, and therefore will remain valuable to most employers.

"Even leaders without an MBA are depending on MBAs to help their companies become successful. You need those skill sets in your business," Powers said.

Maclean's magazine regularly uses survey results to rank Canadian MBA programs for quality, and the Financial Times ranks all world MBA programs and shows how much average graduates' salaries increase after finishing their MBA degrees.



If you're planning on investing in an MBA, do your research, experts say.

The 2009 Financial Times ranking shows several MBA schools in Canada made the top 100 and averaged between 83 and 98 per cent or higher increase in salary post-graduation, including the University of Alberta, Sauder (UBC), Ivey (UWO), Rotman (U of T) and Schulich (York).

If you're planning on investing in an MBA, do your research to see which MBA school matches your specific program needs.

"Make a list of what you want to get out of an MBA. You need to have a return on investment for your chosen MBA program and that ROI isn't necessarily financial," Powers said.

For example, Powers says younger MBA grads frequently opt to use their MBA degrees to secure work at non-profit agencies, where they

initially earn less but get to take command in higher-level positions much sooner in their careers than they would in the corporate world.

Deborah Hurst, director of MBA programs at Athabasca University in Alberta, agrees that regardless of how the market fares in the short term, the value of an MBA is likely to stay high but adds that the market meltdown should be wake-up call to schools that sustainability and ethics should be a big part of any MBA degree.

"I think it's more important now than ever to have the kinds of skills and abilities that an MBA offers, but the experiences have to be real and you have to build in ethics and sustainability. We've got to look at high-level decision making that takes into account ethical frameworks," Hurst said.

EMBA can be a juggling act

RICHARD WOODBURY
for Metro Canada

Growing in popularity, executive MBAs are geared towards a different demographic and serve a different purpose than an MBA.

"It's a very different mindset between a full-time MBA and an executive MBA," says Dr. Beatrix Dart of the Rotman School of Management at the University of Toronto.

The executive MBA is geared towards those with management experience, while MBAs are for people early in their work careers or fresh off their undergraduate degrees.

"They have a lot of things to draw on," says Dr. Linda Peritz of the Sauder School of Business at the University of British Columbia, noting that executive MBA students have a large body of knowledge and experience to draw upon while in the classroom.

People who take the ex-

"All of a sudden, life becomes more complicated and extremely busy."

Gloria Saccon

ecutive MBA do it to broaden their knowledge base and allow them to be more strategic in their thinking and take on larger leadership positions, says Dart.

"The full-time MBA does the opposite," she says.

MBA students are able to specialize in specific topics, such as finance, marketing and consulting.

"So one narrows you and makes you a specialist," says Dart. "The other broadens you and makes you more of a strategic thinker."

Before enrolling in an executive MBA program, it's crucial that students have candid discussions with both their families and employer to make sure all parties are onboard with the idea, says



The executive MBA is geared towards those students who already have management experience.

Gloria Saccon, the executive director of the executive MBA program at Queen's University.

"All of a sudden, life becomes more complicated and extremely busy," she says, noting that students have to juggle school, a ca-

reer and family life. Students and their families need to be aware of the time commitment involved in pursuing an executive MBA.

Students may catch a break on some of the schoolwork though, says

Dart. Some of the projects can be done within company time because they are projects that bring immediate benefits to the company.

With the amount of time students will spend working on assignments with each other, they become a

support network for each other, says Saccon.

"That's a really strong support mechanism in place because they're all experiencing the same or similar stresses while they're going through this program," says Saccon.



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Ivey expands its presence

Leaders of the Richard Ivey School of Business were in India last week to expand the school's ties with the region. During the trip, they signed a partnership with the Indian School of Business for a Case Development Centre. **METRO NEWS SERVICES**

BlackBerry program a hit

LEVIA EMORY
for Metro Canada



The days of turning off your cellphone before class are gone.

For Laurier MBA students, having their BlackBerry is as important as coming prepared with a textbook.

On their first day of class, 100 full-time Waterloo MBA students received a free BlackBerry, launching Laurier's MBA BlackBerry pilot program. In partnership with Research in Motion and Rogers Communications Inc., Ginny Dybenko, the school's dean of business and economics, is looking to revolutionize the way her students learn.

"I've always been a real high-tech freak," says Dybenko. "I see firsthand how effortlessly people learn in informal environments. Nothing holds them back and news travels at light speed via the Internet. I



About 100 full-time Laurier students received a free BlackBerry.

could contrast that with what I saw in the classroom — the prof standing at the front and trying to push factoids into the students' heads. I wondered if there wasn't an opportunity to use the informal enthusiasm and energy towards technology and meld it with what we're trying to do in the classroom."

Deborah Carter says yes. "I love it, it's really enhanced the learning expe-

rience for me," says the MBA student who is a first-time user of BlackBerry and smartphones in general. For those new to the technology, Laurier offers tutorials throughout the year to increase their proficiency with the new teaching tool.

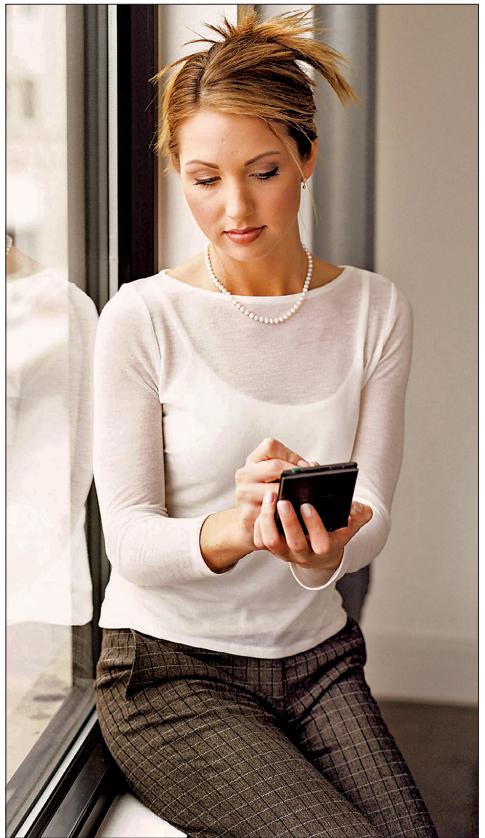
The aim is to increase accessibility, collaboration and the use of multi media says Dybenko: Professors have constant access to students through applications like Mobile Chalkboard, which pushes content like Power Point slides or assigned readings directly to a BlackBerry.

"Collaboration is also a huge plus," says Carter. "We're divided into work groups of six people for the first term. We do all of the major group projects together. It can be tough getting six people in the same place. The BlackBerry messenger application allows us to collaborate and give real-time information, regardless of where we are."

Finally, there's the benefit of integrating with current social media. "We had an official BlackBerry launch, where we heard from executives from Rogers and BlackBerry," recalls Carter.

"Students could videotape presentations and upload them in real-time to YouTube. From that, we had a discussion about how to integrate YouTube into our classes. Could we do pitching assignment via YouTube?"

The skills will translate to the working world, says Dybenko. "They'll be effective first day on the job. Which is really our intent at Laurier. We believe in a very relevant curriculum."



Laurier is looking to revolutionize the way students learn.

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York University's Schulich School of Business earned the top spot of the 2009-2010 Beyond Grey Pinstripe rankings, which was released by The Aspen Institute. The poll is part of a biennial survey and alternative ranking of full-time MBA programs. METRO NEWS SERVICES

Tour a one-stop shop for students

LEVIA EMORY
for Metro Canada



The MBA Tour is like one-stop shopping for an education.

Set to hit Calgary, Vancouver and Toronto on Nov. 10, 12 and 14 respectively, the MBA Tour is a means by which prospective students can meet and learn more about the schools and programs they're considering applying to.

"We have schools from all over the world," says Peter Von Loesecke, CEO and managing director.

"There are a lot of Canadian schools obviously because Canada has a huge domestic MBA market," but schools from the U.S., Spain, Denmark and China will also be at the daylong event, he says.

Beyond providing attendees an opportunity to meet representatives from a variety of different schools, the fair allows schools to differentiate themselves. "That differentiation is really important

in students understanding whether a particular school has something they want," says Von Loesecke. This year's tour is organized so that the schools are able to offer a 35-minute presentation as well as having a stationed representative at a booth for one-on-one interaction.

"It's different from a typical trade fair where you go from booth to booth to booth," says Charmaine Curtis, executive director of student services and international relations at

Schulich School of Business. "We try and educate them before they visit the booths with these different sessions that we host."

The preparation from attendees varies. "Some people know the school they want to go to. They've had contact with them and they're coming to the event to reinforce their application. Others are just beginning to explore what an MBA is," says Von Loesecke. The event tries to cater to both.

Aside from showcasing

schools, there are GMAT preparation presentations, sessions on how to fill out applications, the importance of the essay questions, and what schools look for in admissions applications.

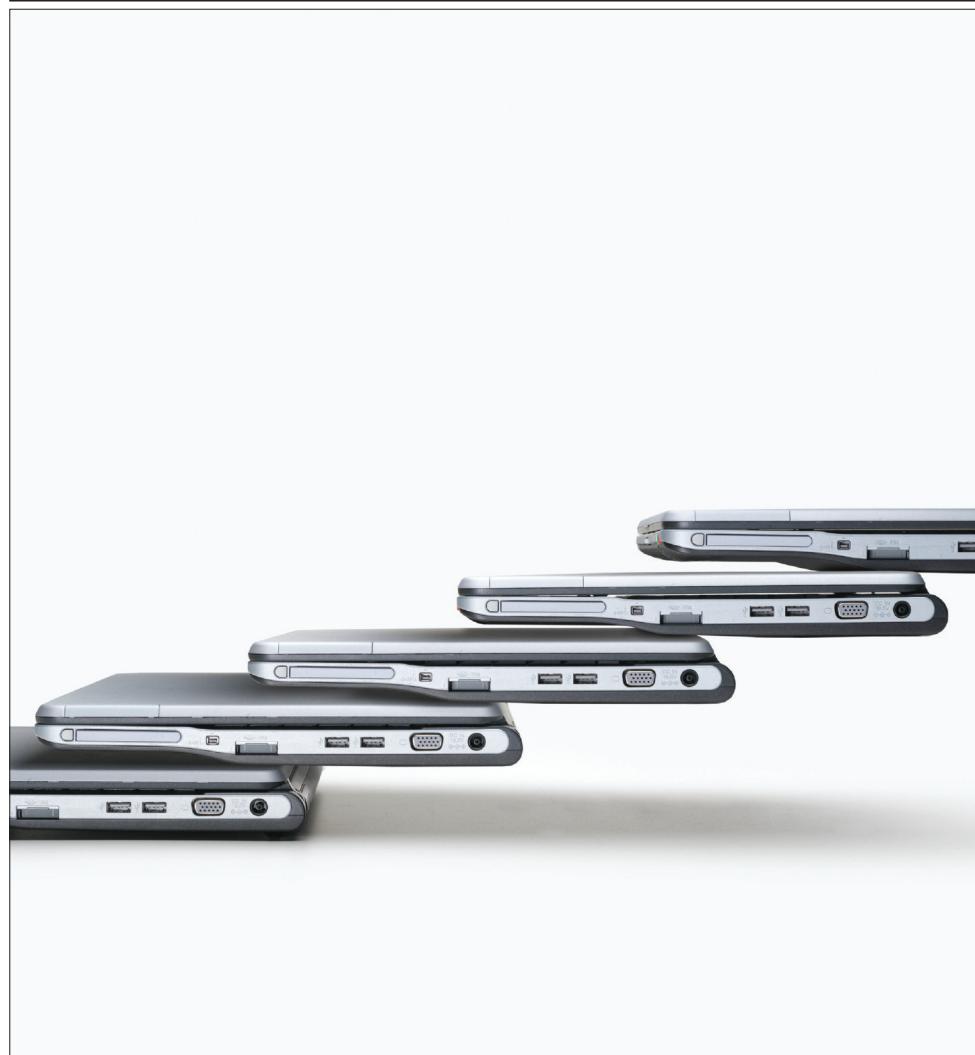
For those more familiar with the process, the MBA Tour offers the opportunity to make an initial point of contact.

"These things are pretty well attended, so it's fairly busy, but there's always followup, at least from our school," says Curtis. "It's the



There will be roundtable discussions at the MBA Tour.

first connect. From there, once we have applications, we bring them to the school to meet the students, sit in classes, et cetera. For us, it's part of the whole recruitment process. It gives us a number of different ways to access a potential student at one venue."



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The people running hospitals tend to be those who work their way up through the ranks, such as nurses and physicians.

A focus on health care

RICHARD WOODBURY
for Metro Canada



With health care eating up such a large portion of both the federal and provincial governments' budgets — and growing — it's no surprise more and more health-care courses are being offered at universities across Canada.

"We need to pay attention to how we manage these organizations," says Dr. Linda Peritz of the Sauder School of Business at the University of British Columbia. "We need to learn more about how to manage them."

Peritz says the people running hospitals tend to be people who work their way up through the ranks, such as nurses and physicians. They do not always have management training.

To deal with these challenges, the Sauder School of Business offers a 21-month executive MBA in health care, the only one of its kind in Canada. Students begin the first seven months of the program doing core topics, such as accounting, finance and ethics.

After that, students specialize in courses such as "Patient Flow" and "Resource Allocation and Priority Setting."

Peritz says having this well-rounded background is necessary to make the right decisions.

"What you really, really want is senior managers to understand accounting

and finance," she says. "You want them to be able to make decisions based on information and look at a balance sheet and understand what their position is and use a strategic approach to that information. You need people to be able to do that."

But Dr. Beatrix Dart of the Rotman School of Management at the University of Toronto doesn't see the value in executive MBAs in health care.

"We actually don't do specialized executive MBA programs because we find it defeats the purpose," she says. "The purpose is to make them more general and more strategic thinkers. So quite frankly, I don't see the value in limiting it then to an industry sector."

With an aging workforce, there will be lots of openings in the health-care sector at all levels.

"There will be jobs there," says Dr. Kellie Leitch of the Richard Ivey School of Business at the University of Western Ontario.

Leitch has noticed increasing interest in health-care courses over the past two years. She attributes this to a greater discussion of issues facing the health-care system.

"There has been a focus by provincial and federal governments on wait times and other health issues," says Leitch. "I think we all in an academic environment reflect on those things."

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HASKAYNEMBA.CA

The Laurier School of Business & Economics will be celebrating this year's winners of the 2009 Laurier MBA Alumni Awards on Thursday. The MBA Alumnus of the Year Award goes to Yvan Couture, president and CEO of Primal Fusion. METRO NEWS SERVICES

Demand for online MBAs rising



Dozens of schools throughout the United States and a handful in Canada currently offer online MBA programs.

RAFAEL BRUSLOW
for Metro Canada

As the business world continues to move further online, it's only natural to see MBA education do the same.

Today, with a growing number of schools around the world offering online MBA programs, it's clear that sitting in a classroom is no longer the only way to get a degree.

Distance education is nothing particularly new to the MBA world, which saw distance-learning alternatives to standard MBAs grow in popularity in the 1960s and 1970s, especially in the United States.

The Internet has greatly changed the nature of such education, however, making previously unlikely student interaction a key feature, keeping programs current and competitive and most importantly raising credibility and standards throughout the industry.

Dozens of schools throughout the U.S. and a handful in Canada current-



Athabasca University began offering its online MBA in 1994.

ly offer online MBAs and demand among busy students is increasing.

Deborah Hurst is director of MBA programs at Athabasca University in Alberta, which in 1994 began offering the first fully interactive online MBA in the world. Today, the school has 840 active MBA students in its MBA and executive MBA programs. What started with floppy disks and dial-up Internet connections has quickly metamorphosed into a technologically savvy program that sounds very much like what you'd expect a traditional classroom MBA would offer,

complete with scheduled lectures, frequent group work, forum discussions and student symposia.

"We've always been collaborative, where students learn as much from one another as from the instructors," Hurst said.

Whereas real-world discussions in the classroom tend to be dominated by more social, outgoing students, in the online world Hurst says shyness is no obstacle to participation since students can respond to comments on their own time and from the relative safety of their own computers. Students used to squeaking by without rais-

ing their hand in a classroom are forced to participate in an online setting because instructors can see at a glance who is responding to online comments.

"The online environment allows students to refine their thinking because they have time to think and work together in a way that is thought to thought. It also allows for a more democratic sharing of ideas because all students are required to participate. There's nowhere to hide — everyone plays a role," Hurst said.

At Lansbridge University in Fredericton, N.B., the online MBA program uses real-time PowerPoint presentations and voice-over-Internet to make the virtual learning experience as visceral as possible. Lansbridge marketing manager Holly Christie says the immediacy of online interactions makes it easier for students to connect to instructors.

"We don't have teaching assistants — if you email the faculty it's the faculty that responds," she said.

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Health & Beauty

EDITOR: JENNIFER.PRITTI@METRONEWS.CA

The couple that cleans together

Hubbies who houseclean get more sex, study finds

According to a new study out of the U.S., the more housework a husband does, the more sex he gets.

But hold on, fella, before you jump up and start scrubbing the toilet — the study also showed that the relationship between cleaning and sex is more complex than that.

Most couples complain that trying to juggle work, family and keeping the dust bunnies from multiplying leaves little time for sex, but the study of almost 7,000 married couples revealed that those who work hardest also do the most housework and yes, have the most sex.

"Rather than compromise their sex life" because of time demands at work or at home, "this group of go-getters seems to make sex a priority," says Con-

stance Gager, lead researcher and an assistant professor of family and child studies at Montclair State University, Montclair, N.J.

But it's not just about being overachievers. Many couples in the study said that sharing household duties made them feel more like a team working together to maintain their home, which in turn made them feel more intimate.

This study, published online in the Journal of Family Issues, isn't the first to make the connection between sharing household duties and marital bliss. Couples in one U.S. study out of the Pew Research Center placed "sharing household chores" as the third most important factor in a successful marriage, behind faithfulness and a happy sexual relationship.

Unfortunately, according to this study, women still spend an average 41.8 hours a week on housework, compared with 23.4 hours for husbands.

And, I have yet to see a TV ad in which hubby's gobsmacked by the amazing scrubbing power of some new cleaning product unless it's got some kind of masculinity-preserving technology



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Is it
Tuesday
yet?



"Many couples in the study said that sharing household duties made them feel more like a team working together to maintain their home, which in turn made them feel more intimate."

idea of great foreplay is having her husband do the dishes or the laundry without having to be asked. Only thing is, they're probably not joking.

• How do you and your partner share the housework? Does it cause conflict in your marriage? Share your thoughts in the comments section at metronews.ca/thejspot.

Josey Vogels is a sex and relationship columnist and author of five books on the subjects. For more info, visit joseyvogels.com.

Beauty picks: The Body Shop goes old school

From multi-coloured leggings to the ubiquity of Journey's Don't Stop Believing, it's apparent that there's been a definitive second or third wave of 1980s revivalism. While the jury's still out on shoulder pads, some actual good has come of this resuscitation; The Body Shop is re-introducing some previously discontinued favourites for a limited time. And frankly, we're more excited than a teenage girl spraying Fuzzy Peach on her hair before the big dance. Among the best-selling products that will be making a comeback include their beloved Dewberry Body Lotion, Banana Shampoo and Conditioner, Fuzzy Peach Bath & Shower Gel, Carrot Moisture Cream and Ice Blue Shampoo. Also blessedly back from the dead: The Body Shop's amazing Cucumber Cleansing Milk and accompanying Cucumber Freshening Water. All Body Shop Originals products retail for \$8.99 each, come in fun retro



Clockwise from left, Cucumber Cleansing Milk, Banana Conditioner, Fuzzy Peach Bath & Shower Gel and Ice Blue Shampoo, all \$8.99 each, are part of The Body Shop Originals range, which is a limited-edition lineup.

packaging and proudly feature Community Trade in-

redients. **SOFI PAPAMARKO/ FOR METRO CANADA**

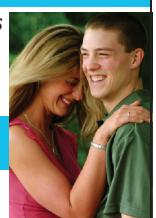
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Majesco Entertainment Company has released Cooking Mama 3: Shop & Chop for Nintendo DS to retailers nationwide. Cooking Mama 3 serves up a new shopping mode that lets players buy ingredients from the store to make 80 new recipes, from chili con carne to pumpkin gnocchi. METRO NEWS SERVICES

Go Mama go!

Food

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

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A 3½-ounce serving of chicken has about 140 calories and 3 grams of fat, while the same amount of turkey breast has 120 calories and 1 gram of fat.

ROSE REISMAN



Personal Gourmet recipe of the month

ROSE REISMAN

Turkey with a twist

Turkey Scaloppini with Apricot and Dried Cherry Salsa

Most supermarkets now sell boneless turkey breast, which is leaner than chicken. If you can't find these thin cutlets, ask your grocer to slice boneless breast into scaloppini. Dusting it with flour keeps the turkey moist. The dried fruit salsa is a perfect accompaniment. Serve the scaloppini over mashed potatoes, with grilled vegetables alongside.

PREP TIME: 15 MINUTES

COOK TIME: 8 MINUTES

SERVES 4

INGREDIENTS:

- 4 turkey scaloppini (about 1 lb)
- ¼ cup all-purpose flour



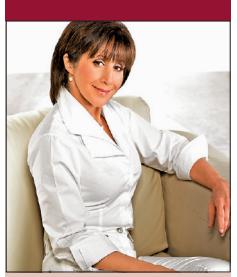
Turkey Scaloppini with Apricot and Dried Cherry Salsa

- ¼ cup chopped cilantro or parsley
- 3 Tbsp apricot jam
- 1 Tbsp pure maple syrup
- 1 tsp Dijon mustard
- 2 tsp apple cider vinegar or freshly squeezed lemon juice
- 3 Tbsp chopped cilantro or parsley

METHOD:

1. Dust the turkey with flour. Spray a non-stick grill pan or skillet with cooking oil, add the vegetable oil and heat to medium. Sauté the turkey just until browned on both sides and no longer pink, about 8 minutes in total. Remove from the heat and keep covered.

2. To make the salsa, combine the apricots,



Rose Reisman is an author, media personality, nutritionist, and the inspiration behind a fresh food delivery service, Personal Gourmet, and new website, The Art of Living Well. Visit Rose at rosereisman.com & personalgourmet.ca

cranberries, bell pepper, green onion, garlic, cilantro, jam, maple syrup, mustard and vinegar or lemon juice.

3. Spoon the salsa over the turkey and garnish with cilantro or parsley.

[Read more on page 23](#)

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Healthy holiday buffet tips

Fresh fruit is filling and appealing, especially when you pair it with a little bit of something that's rich or salty. The classics are generous wedges of melon wrapped in prosciutto and slices of fresh pear topped with a sliver of stilton cheese. **THE ASSOCIATED PRESS**

LiquidAssets

Peter Rockwell

metronews.ca/liquidassets

Cheap but chic

Wine fans know that the quest for great "bang for your buck" bottles is more about fun than finances. In fact, I've always said spending \$100 on a wine is easy — finding one that tastes like it does for next to nothing is the challenge.

Ground zero for tasty quality juice at rock bottom prices is Argentina. I was there this past spring so I can testify to that fact as an expert witness with the wines from Finca Flichman as perfect evidence.

I tried a variety of different styles with Chief Winemaker Luis Cabral de Almeida and his introductory wines offer terrific value — particularly the 2007 **Misterio Malbec**

(\$7.95 — \$13.95), which has the dark red fruit flavour and tongue-tingling pepper of a much more expensive malbec.

Spain — the original Latin land of wine — also offers plenty of bargain vino with **Castillo de Monsérwan's 2008 Garnacha**

(\$8.95 — \$10.99), a smooth, ready to drink red with soft black cherry and ripe, sweet berry fruit.

Peter Rockwell is the everyman's wine writer, working in the liquor industry for more than 25 years. Follow him on Twitter @TheRealWineGuy and email liquidassets@eastlink.ca.



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Personal Gourmet recipe of the month

ROSE REISMAN

Rice gone wild

>> Continued from page 39

Wild Rice and Brown Rice Pilaf with Dried Fruit and Pecans

This is probably the best rice dish I've ever developed. Both types of rice can be cooked together and they blend well with the dried fruits. I serve it as a side salad to my meals or as a buffet item. Very little oil is needed because of all the flavours in the salad.

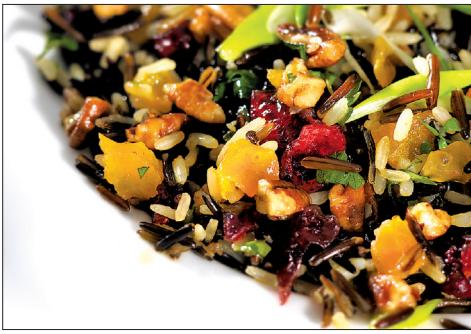
SERVES 8

INGREDIENTS:

- 3/4 cup wild rice
- 3/4 cup brown rice
- 4 cups vegetable or chicken stock
- 1/2 cup chopped toasted pecans
- 1/3 cup chopped green onions, whole onion
- 1/3 cup dried cranberries
- 1/3 cup dried chopped apricots
- 1/3 cup chopped fresh cilantro or parsley

DRESSING:

- 1 Tbsp olive oil
- 1 Tbsp thawed orange



Wild Rice and Brown Rice Pilaf with Dried Fruit and Pecans

juice concentrate
 • 1 Tbsp freshly squeezed lemon juice
 • 2 tsp low-sodium soy sauce
 • 2 tsp raspberry or balsamic vinegar
 • 1 1/2 tsp sesame oil
 • 1 tsp minced garlic

METHOD:

- In a saucepan, combine both types of rice with the stock. Bring to a boil. Reduce heat to a simmer, cover and cook for 35

to 40 minutes or just until the rice is tender. Drain excess liquid. Place in a large bowl. Cool.

2. Stir the pecans, green onions, cranberries, apricots and cilantro into the cooled rice.

3. To make the dressing, in a small bowl, whisk together the olive oil, orange juice concentrate, lemon juice, soy sauce, vinegar, sesame oil and garlic. Pour over the salad and toss to coat.

ADVERTISING FEATURE

As winter nears, hosts across the country are gearing up for a season of get-togethers with family and friends. This year however, hosts across the country face a new set of challenges.

We've all been sobered by the recent economic downturn, so instead of going to lavish dinners out, more Canadians are opting to stay at home and entertain. This is why you'll find more party planners searching for new ways to be an economical, gracious and welcoming host and still make an impression.

One answer could lie with your wine selection. If you'd really like to stand out, think of a sparkling wine.

Here in Canada, a glass of bubbly is often equated with celebrations and special occasions. In many parts of Europe and Australia, however, sparkling wines are widely seen as an "everyday" drinking wine, just like many other red or white varieties.

It's no surprise then that some of the best bubbles come from regions where they really know what sparkling wine is all about. Wineries such as Australia's **Jacob's Creek**, an award

winning winery in South Australia, have introduced some wonderful, yet affordable options onto the market. In fact, Bernard Hickin, Chief Winemaker at **Jacob's Creek**, is particularly passionate about creating excellent sparkling varieties that are approachable and great for social occasions.

A great example of his work is **Jacob's Creek Chardonnay Pinot Noir Sparkling**, with generous citrus flavours and a creamy nutty yeast character that combines into a soft, crisp and clean finish. In Canada the bottle retails between \$14 and \$16.

The price makes this sparkling affordable — although it certainly tastes like an extravagance — and a great option for entertaining.

Sparkling wine is often served with appetizers because its acidity is refreshing between bites of rich foods (think shrimp, cream cheese canapés, nuts and smoked salmon). The same principle can apply to main courses, especially those with fish or creamy sauces. If you're going potluck, a sparkling wine is good to have on hand if you're unsure what your guests will bring.

If a movie night for friends is more your speed,

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pair popcorn and plain potato chips with a dry sparkling wine. It will be a wonderful surprise when they realize just how well the refreshing acidity cuts through the butter or oil in the snacks.

Whether serving appetizers or a full dinner, the key is to play with your wine and food pairings to discover what works best for your taste. The general rule of thumb is that you want to combine like with like (lighter foods with lighter wines, richer foods with fuller-bodied wines), but sometimes opposites can attract. The versatile **Jacob's Creek Chardonnay Pinot Noir Sparkling** is great for experimenting and is sure to have a wonderful wow factor.

Besides, what guest wouldn't feel special watching you pop the cork on a bottle of bubbly? It will certainly deliver the impression you're looking for without breaking the bank.

More suggested pairings for **Jacob's Creek Chardonnay Pinot Noir Sparkling**:

Excellent at brunch with egg dishes and croissants.

A good match for appetizers like mini quiches, phyllo bundles or puff pastry bites.

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Please enjoy our products responsibly.

Supermodel and G.I. Joe actress Karolina Kurkova, 25, and film producer of Voices of Iraq, Archie Drury, welcomed a son Thursday in New York, her rep confirms to PEOPLE. "Both mother and baby are happy and healthy." [PEOPLE.COM](#)

Karolina Kurkova is the proud mother of a boy



Baby for Mel

Mel Gibson is officially a father again. Radar Online reports that the actor's girlfriend, Oksana Grigorieva, has given birth to the couple's first child, a girl. The baby wasn't due until December. [METRO NEWS SERVICE](#)

Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

Is it
Tuesday
yet?

TELUS

Tell-all author plans book on Brangelina

PEOPLE A tell-all author who chronicled Michael Jackson's last days has set his sights on celeb couple Brad Pitt and Angelina Jolie in a new book out just in time for Christmas.

Transit Publishing, which is releasing Brangelina on Dec. 1, says author Ian Halperin went undercover at "great personal risk" to tell the behind-the-scenes story of Pitt and Jolie.

THE ASSOCIATED PRESS



Juno-winner Cara Luft is just one of the musicians who has performed in people's homes as part of the Home Routes initiative

New music detour

Fans stage concerts in their living rooms

GEORGIE BINKS
for Metro Toronto

When Ron Myhr invites his buddies to his Pickering, Ont., home for a night of folk music, they can always count on first rate entertainment.

Performers like Juno award-winner Cara Luft or Canadian Folk Music Awards' contemporary vocalist of the year Tannis Slimmon are just two musicians who have wowed Myhr's home audience over the past few years. (The lineup of musicians also includes veterans like Valdy and David Bradstreet.)

It's not that Myhr has the inside track on Cana-

dian musical talent — or maybe he does. The concerts at Myhr's house are arranged by Home Routes, the brainchild of Winnipeg musical promoter Mitch Podolak. Designed to bring folk music to the people, they've taken off in the Western provinces faster than a prairie grass fire and they're spreading eastward just as quickly.

Tim Osmond, Home Routes operation manager explains, "Usually when folk artists tour venues are very far apart. As well, there are only so many venues." Home Routes has 10 different circuits across the country with names like Cherry Bomb circuit in B.C. and the Estelle Klein circuit in Ontario.

"For the artists it's fantastic. We can get our music out to the people in a nice, intimate setting." Jay Aymer

Each circuit has about seven host homes with a one-to three-hour drive distance between them.

All that prospective hosts need is a room that will fit at least 30 people as well as a place to put up the musician for the night and provide dinner and breakfast.

Musicians like Jay Aymer love it. "We can talk to the audience — kids can get up and sing and dance. There aren't distractions either — like a bartender powering up the blender for margaritas."

That's right — no ticket processing fees or lengthy drives to an impersonal venue. There are also no roadies or sound checks. Musicians might bring an amplifier and their guitar but that's it. Myhr's neighbours simply slap down their \$15 and get ready to enjoy. Musicians usually play two 45-minute sessions and then sell their CDs after. Osmond estimates the annual salary of a folk musician is \$10,000 and he says these concerts often account for half a year's salary.

Aymer believes these are the future of music. "Music is coming back to the people. With file swapping on the Internet and record companies collapsing, it's all about live music. For the artists it's fantastic. We can get our music out to the people in a nice, intimate setting."

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MTV joins Berlin party

This time it's Berlin calling.

The MTV European Music Awards (EMAs) are coming to the German capital with an international cast, featuring performances by U2, the Foo Fighters, Shakira and Leona Lewis.

Berlin is the only city to host the awards show twice, in 1994 and on Thursday — a decision MTV said it made to celebrate the 20th anniversary of the fall of the Berlin Wall on Monday, Nov. 9.

"This year's EMAs is unique in having the theme of unity in addition to what we normally do — celebrating and playing the music," MTV International's CEO Bill Roedy told The Associated Press in an interview.

Legendary Irish band U2 will play a short set in front of the Brandenburg Gate before the awards show is held at the O2 World stadium. Tickets to U2's performance were given



U2, featuring Bono, and Shakira will be among the performers at Thursday's MTV European Music Awards in Berlin, which is commemorating the 20th anniversary of the fall of the Berlin Wall.

away free online and were snapped up within hours.

U2's concert is not only a historical nod to the significance of the Brandenburg Gate — which lies on the line that formerly divided East and West Berlin — but also a reflec-

tion of the band's history. Their seventh album, *Achtung Baby* was recorded in Berlin in 1990 and their single *One* was inspired by the fall of the wall and written on the eve of German reunification.

The EMAs feature 13 award categories with nominees from Europe, North and South America. Traditionally, many awards go to American

Notable nominees

- This year's nominees include newcomers like popact Lady Gaga and the English electro-pop duo La Roux, along with established acts like Green Day, Shakira and Jay-Z. Vying for Best European Act are Finnish rock group Deep Insight and Italy's Lost.

artists who are also popular in Europe.

Last year's EMAs were held in Liverpool, with Americans Britney Spears, Kanye West and Pink all taking home awards. There is also a Best European Band that went last year to Turkey's Emre Adym.

Music from the Western world was embraced by youth in East Germany before and after the fall of the wall.

"Everything that looked like a lively and vivacious culture was loved by East German youth because they felt a great yearning," Fritjof Hager, a sociologist at the Free University in Berlin, told the AP.

THE ASSOCIATED PRESS

The 2009 MTV European Music Awards streams live Thursday on mtvema.ca and airs later on MuchMusic



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	-	- 371 5 KXLY	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	V "Pilot" (N)	Dancing With the Stars	the forgotten		
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critics'corner

The Good Wife

She's only after him for his body ... of knowledge. Alicia is working with Will on the appeal of a death-row inmate who was convicted on Peter's watch. To get some needed information on the case, she agrees to a conjugal visit with her imprisoned hubby. Christine Baranski and Archie Panjabi also star in the new episode "Conjugual." 8 PM on CICT; 11 PM on KREM



V

In this reimagining of a hit 1980s miniseries, life on Earth undergoes a seismic kick in the pants when a bunch of charismatic extraterrestrials led by the beautiful Anna captivates most of the population, but FBI counterterrorism agent Erica Evans quickly comes to suspect the aliens have a far more sinister agenda. 9 PM on CFCN KXLY

NCIS

Man overboard? No, dead man on board. Make that two. In this new episode, the bodies of two mercenaries are found on Gibbs' boat. As he and the team investigate, they're dragged into a family matter involving his old mentor, Mike Franks, that could have international ramifications in "Outlaws and In-Laws." 9 PM on CICT KREM



Adam Lambert and Drake LaBry are over. A source confirms to usmagazine.com that the American Idol runner-up, 27, and the interior designer, 24, have ended their relationship. METRO NEWS SERVICES

Celebrity Buzz

Jessica slams Melrose after sister's firing

BAD MOUTHING Looking to defend her recently fired little sister Ashlee, Jessica Simpson unleashed the fury on Melrose Place, calling her sister's ex-show "crap" on Twitter, popeater.com reports.

Jessica — who just two days before Ashlee's firing wrote "Everyone watch my sis on melrose place tonight" — now rips into the show following Ashlee's dismissal. "CW catching up on MP. who writes this crap? I have had bad scripts to work with, but this? thank God my sister is amazing and got you some press," Jessica Tweeted.



METRO
NEWS
SERVICES

Ashlee was fired along with Melrose' co-star Col in Egglefield last month. Show producer Todd Slavin told EW's Michael Ausiello that "the tone of the show was going to shift into a much more fun, romantic, sexy upbeat kind of show," and that Simpson's character didn't fit into those plans anymore.

Us Weekly, citing a set insider, claims that The CW "hired her (Ashlee) because they needed a good name to help create buzz."

METRO
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BAD PARENTING? Lindsay Lohan has taken to Twitter to slam her dad Michael, following reports that he is seeking conservatorship over her, and that he's offered an entertainment TV show tape-recorded conversations between himself and his ex-wife, Dina, in which they discuss their daughter's well-being, people.com reports.

"My father is a lunatic & doesn't even deserve such a title since he's never been around in my life other than when he'd threaten me & my family," Tweeted Lindsay, who just finished shooting the thriller Machete opposite Robert DeNiro.

"He should be where he has always put himself after verbally abusing and

physically abusing people all my life-behind bars."

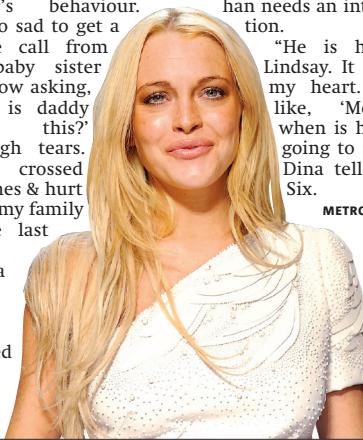
Lindsay, 23, also wrote that her sister Ali, 15, is also concerned about their father's behaviour. "It's so sad to get a phone call from my baby sister just now asking, 'Why is daddy doing this?' Through tears. He's crossed the lines & hurt me & my family 4 the last time."

Dina Lohan also isn't thrilled with the way

her ex-husband has been shooting his mouth off to any TV host that will listen about how he thinks their daughter Lindsay Lohan needs an intervention.

"He is hurting Lindsay. It breaks my heart. She's like, 'Mommy, when is he ever going to stop?'" Dina tells Page Six.

METRO WORLD
NEWS



Dating Perry has changed Brand

TURNING OVER NEW LEAF

Dating Katy Perry seems to be causing Russell Brand to turn over a new leaf. The rambunctious comedian tells Britain's Sunday Times that he's a changed man.

"Katy's lovely. I am living in a different way at the moment," he tells the newspaper. "Regardless of what happens in my current situation, I am unlikely to be satisfied with calamitous promiscuity of the preceding five or six years."

METRO
WORLD NEWS



Law contemplates visiting new daughter

FATHER OF FOUR Jude Law is "torn" between his new daughter and his other three children, femalefirst.co.uk reports.

The 36-year-old actor is said to be keen to meet his five week old daughter, Sophia, with model Samantha Burke — the result of a brief relationship last Christmas — but wants to be sure his three other children are comfortable with the situation first.

Jude had originally said he wanted

ed nothing further to do with Samantha, but vowed to support her and the baby financially.

A source said: "He felt it would be easiest to just pay Samantha and hope that she moved on and left him alone.

"But now he is feeling very torn. He is on the brink of going to see Sophia but first of all, he wants to make sure his older kids feel totally secure."

METRO
NEWS
SERVICES



Elton cancels concerts due to bacteria infection

HOSPITAL WATCH Elton John is seriously ill in hospital, femalefirst.co.uk reports. The legendary British singer has been forced to cancel a string of concerts after he was diagnosed with an E. coli bacterial infection and influenza.

Elton, 62, has been ill for two weeks, but his condition worsened and he was taken into an elite London hospital on Friday for tests. His partner, David Furnish, is understood to have spent

Sunday at his bedside. As he left the hospital he said of John's condition: "He's OK, he's fine." On doctor's advice the singer has, however, postponed U.S. dates in Seattle and Portland, which he was due to perform with Billy Joel over the next two weeks.

METRO NEWS
SERVICES



Celebrity tweets

Perez Hilton has a new-found respect for women after dressing up for Halloween, John McCain is the best source for football scores and analysis and Ellen DeGeneres had a bit too much fun it seems.



• @PerezHilton My feet are sooo wrecked today! I don't know how women walk around for hours in super high heels that are also crazy tight and pointy! Ouch!

• @SenjohnMcCain Cardinals lose at home to the Panthers — big setback, but there is always next Sunday.

• @TheEllenShow Bobbing for apple-flavored vodka is a perfectly acceptable Halloween party game, right?

METRO
NEWS
SERVICES

Cage sues his business manager

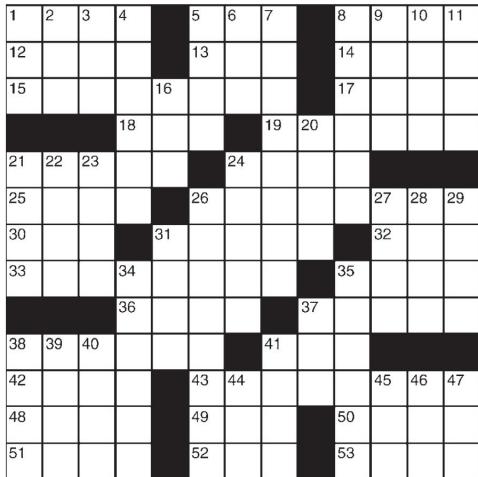
FINANCIAL RUIN? Nicolas Cage knows who to blame for his recent problems with the IRS. The actor is suing his longtime business manager, Samuel J. Levin, claiming that Levin "lined his pockets with several million dollars in business management fees while sending Cage down a path toward financial ruin," according to People magazine. Levin began working with the actor in 2001.

METRO
WORLD
NEWS



Andrew Schultz, Meteorologist – Breakfast Television

'I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta.'



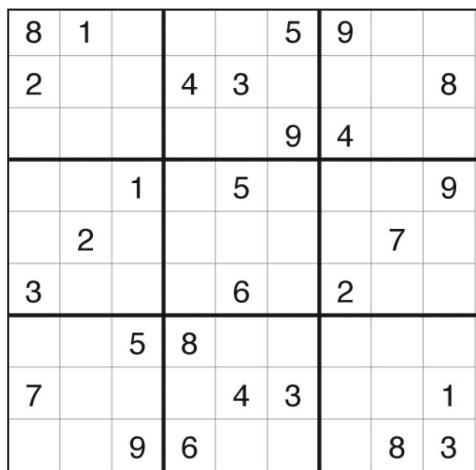
ACROSS

- 1 Vicinity
5 Singer Tillis
8 Chromosome carrier
12 Griffin of TV lore
13 Eggs
14 Enthusiastic
15 Nobody you know
17 TV journalist Lisa
18 Additionally
19 Ship's kitchen
21 Dieter's entree
24 Shakespeare villain
25 Port structure
26 Hard up for cash
30 Literary collection
31 Sinful habits
32 Prior to
33 Good poker hand
35 Decline
36 Sore
37 Hell's Angel, e.g.
38 Ghost
- 41 Marshy terrain
42 Fuss
43 Pertaining to summer theater
48 Soon, in verse
49 Historic period
50 Top-notch
51 Solidifies
52 Storm center
53 Apportion
- DOWN
- 1 Early hrs.
2 On pension (Abbr.)
3 Mess up
4 Icon in an Internet forum
5 Walt Kelly's possum
6 "Hail!"
7 Thorn in Dennis the Menace's side
8 Fast run
9 Maleficence
10 Baseball team
11 Nervous
16 Affirmative action?
20 Turkish

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

A L F	D E B R A	D A B	3 9 5	4 6 8	7 1 2
C E L	E N R O N	R U E	8 6 1	7 2 9	3 5 4
H O U S E	C O A T	E N D	4 2 7	1 3 5	9 8 6
L O D G E R	A M O C H E A T S	H E L M	9 5 2	8 4 7	6 3 1
E U R	D E C M A C A W	M A C A W	7 3 4	6 9 1	5 2 8
A S E A	S U B N O N E	N O N E	1 8 6	3 5 2	4 9 7
S T A L L	P A C A K A	A K A	2 4 3	9 8 6	1 7 5
M A A M	T A R T A R	T A R T A R	5 1 9	2 7 4	8 6 3
S U B I T O	I R E	I R E	6 7 8	5 1 3	2 4 9
P R O	H O U S E B O A T	B O A T			
A G A	E L A T E U S E	U S E			
M E T	S I R A N T H E	T H E			

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Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES

MARCH 21-APRIL 20



Someone you work or do business with is not being as honest as you have a right to expect and that fact will become obvious today.

TAURUS

APRIL 21-MAY 21



An individual whose point of view is radically different to your own will say something you feel you have to respond to.

LIBRA

SEPT 23-OCT 23



Information will come your way that enables you to get the better of a rival and you must not hesitate to use it.

SCORPIO

OCT 24-NOV 22



Important people will be either mightily impressed or mightily annoyed by what you have to say today.

GEMINI

MAY 22-JUNE 21



Changing the habits of a lifetime is never easy but if you put your mind to it today you can change something about yourself.

SAGITTARIUS

NOV 23-DEC 21



You may be behind in your workload but you will only catch up if you start the day at a slow and measured pace and think carefully.

CANCER

JUNE 22-JULY 22



You are unlikely to see the obstacle that is in your path today, but a friend or relative will helpfully point out its existence and location.

CAPRICORN

DEC 22-JAN 20



You may want to push ahead with a project that is close to your heart but some of your colleagues are having doubts and you must deal with them.

LEO

JULY 23-AUG 23



You won't hesitate to tell others how things should be done today, but anyone who tries to tell you will soon wish they had kept their mouth shut.

AQUARIUS

JAN 21-FEB 18



Anyone who thinks you are not ambitious will have to think again today as you elbow your way to the head of the queue.

VIRGO

AUG 24-SEPT 22



You may find it hard to believe what someone tells you but don't reject it because there is more than a strand of truth in what they say.

PISCES

FEB 19-MARCH 20



If you ask the right questions today you will get answers that comfort you and clarify your present situation.

rd.ca

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\$1199
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(including service charges): \$272

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\$1379
+Taxes & other fees
(including service charges): \$250

Santa Clara

Meliá Las Dunas • 4★
All-Inclusive • Standard rm.
Dec. 23 • 1 wk. \$1549
+Taxes & other fees
(including service charges): \$218

Ixtapa / Zihuatanejo

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+Taxes & other fees
(including service charges): \$274

Jamaica

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Dec. 21 • 1 wk. \$1249
+Taxes & other fees
(including service charges): \$270

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+Taxes & other fees
(including service charges): \$144

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Hotel & Casino • 4 1/2★
Hotel rm.-Grand Tower

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+Taxes & other fees
(including service charges): \$144

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(including service charges): \$479

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Interior stateroom, cat. N
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+Taxes & other fees
(including service charges): \$241

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All Suites Resort & Spa • 4 1/2★
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+Taxes & other fees
(including service charges): \$250

Punta Cana

Bavaró Princess All Suites
Resort, Spa & Casino • 4 1/2★
All-Inclusive • Suite
Dec. 22 • 1 wk. \$1839
+Taxes & other fees
(including service charges): \$302



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